

# Family Engagement Services

## 60 MINUTES (in-person or virtual) **WORKSHOPS**

offered in English, Spanish, Portuguese, and Mandarin

### **Social Emotional Development:**

- Helping Your Child Develop Resilience
- Developing a Growth Mindset
- Post-pandemic Stress and Anxiety
- Evolving Together
- Reinforcing My Child's Self-esteem
- Understanding and Helping My Child Deal with Anxiety
- Bullying
- Peer Pressure
- Depression in Adolescents
- Risk Factors and Prevention Strategies
- Addressing School Violence and Trauma

### **Diversity, Equity, and Inclusion:**

- Preparing Your Child to be a Culturally Responsive Global Citizen
- Understanding and Using Pronouns Beyond "He" and "She"
- Understanding, Accepting, and Embracing Your Child's Identity
- Every Family is Unique

### **English Language Learners:**

- Supporting Immigrant Families: Understanding U.S. Customs, Culture, and Academic System
- Supporting Immigrant Families: Adjusting and Acculturating
- Supporting Immigrant Families: Preventing the Summer Slide
- Using Media and Technology in Language Acquisition

### **Technology:**

- Cyberbullying
- 21st Century Families- Back to Basics
- Keeping up with Your Tech-savvy Teen
- Using Technology to Support Learning and Development

### **Supporting Academic Skills at Home:**

- Stimulating the Home Environment
- Developing Academic Skills at Home
- Supervising Homework
- Parenting Gifted Children
- Parenting Children with Special Needs
- Encouraging Reading Skills at Home
- Learning Through Play
- Supporting STEAM at Home
- Stages of Development
- Health, Nutrition, and an Active Lifestyle
- Helping Your Child with Test Prep and Test Anxiety
- Understanding Assessments

### **Positive Behavior at Home and in the Community:**

- Structure, Expectations, and Incentives
- Parents and Family Members as Mentors
- The Ups and Downs of Parenthood
- Parenting vs. Friendship – setting boundaries
- Positive Parenting and Student Achievement
- Helping Your Child Develop Leadership Skills
- Volunteering with Your Child
- How to Act When No One is Watching
- Social Etiquette
- Supporting Your Child's Moral Compass and Problem-Solving Skills

### **High School:**

- Understanding Your Young Adult
- Resume Writing and Interview Preparation
- Planning for What's Next After High School
- College Bound- Ready, Set, Pack!
- Vocational Programs and Opportunities



*Your Alliance with the Future of Education!*

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